

HEALTHCARE CHECKLIST

DO YOU HAVE A HEALTH CARE PLAN THAT ONLY COVERS CATASTROPHIC LOSS OR HAS A HIGH DEDUCTIBLE?
BELOW IS A CHECKLIST THAT WILL PROVIDE TIPS FOR COST EFFECTIVE CARE.

SAVE MONEY



- BE EMPOWERED THROUGH EDUCATION ON HOW TO MANAGE YOUR CONDITION
- A VISIT WITH A PHYSICAL THERAPIST COSTS SIGNIFICANTLY LESS THAN ONE AT THE ER
- CONSERVATIVE MANAGEMENT OF PAIN AND/OR PROBLEMS

SAVE TIME



- STAY ON SCHEDULE WITH MINIMAL WAIT TIMES
- EXPEDITED INSURANCE CLAIMS
- EXPEDITED DIAGNOSTIC TESTS (I.E; MRI)
- EXPEDITED PHYSICIAN INTERVENTION
- NO REFERRAL NECESSARY

ENJOY PEACE OF MIND



- ASSESSMENT SPECIFICALLY TARGETED TO PROBLEM AREA
- TREATMENT ISOLATED TO PROBLEM AREA
- FOLLOW UP EVALUATIONS
- ANALYSIS TO PREVENT INJURY
- EXPERTISE OF YOUR ORTHOPEDIC TEAM: DOCTOR, THERAPIST, ATHLETIC TRAINER, ASSISTANTS



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